



YEAR OF FAITH 2012
2013

Ways to Live the *Year of Faith* with Young People

Faith is first of all a *personal adherence of man to God*.
At the same time, and inseparably, it is a *free assent*
to the whole truth that God had revealed.
— **Catechism of the Catholic Church**

Dear Ministry Leader with Young People,

It is with great joy and hope that I write these few words of introduction to “How to Live the Year of Faith with Young People”. Our Holy Father, Pope Benedict XIV has asked us to observe and celebrate a “Year of Faith” beginning on October 11, 2012. In his apostolic letter *Porta Fidei* he calls on all of us to deepen our understanding, knowledge, proclamation, and love of our faith. We need Catholics who are living their faith and proclaiming it in every aspect of their lives. Young people in particular can take the truths of the Gospel to every corner of our culture – to the world of arts, politics, and media; to the areas of business, science, and technological research; even to the fields of sports and popular entertainment.

My prayer is that you will use this resource as an instrument to accompany the young church in their journeys of faith. Strong formation and love of Jesus and our faith in young people will serve to make the entire Church stronger and to be more powerful witnesses to Christ in our world today.

Sincerely yours in Christ and Mary,

+ José H. Gomez

Most Reverend José H. Gomez
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October 11, 2012 marks the beginning of a very important year for the present and future life of the Church. In his Apostolic Letter *Porta Fidei* promulgated in October, 2011, Pope Benedict XVI called all Catholics to dedicate a whole year to deepen their faith as an active commemoration of the Fiftieth Anniversary of the opening of the Second Vatican Council and the Twentieth Anniversary of the publication of the *Catechism of the Catholic Church*. This year of grace will end on November 24, 2013, at the feast of Christ the King.

The Pope begins his letter with very inspiring and significant words which give direction and meaning to our life:

The “door of faith” (Acts 14:27) is always open for us, ushering us into the life of communion with God and offering entry into his Church. It is possible to cross that threshold when the word of God is proclaimed and the heart allows itself to be shaped by transforming grace. To enter through that door is to set out on a journey that lasts a lifetime. It begins with baptism (cf. Rom 6:4), through which we can address God as Father, and it ends with the passage through death to eternal life, fruit of the resurrection of the Lord Jesus, whose will it was, by the gift of the Holy Spirit, to draw those who believe in him

into his own glory (cf. Jn 17:22). To profess faith in the Trinity – Father, Son and Holy Spirit – is to believe in one God who is Love (cf. 1 Jn 4:8): the Father, who in the fullness of time sent his Son for our salvation; Jesus Christ, who in the mystery of his death and resurrection redeemed the world; the Holy Spirit, who leads the Church across the centuries as we await the Lord’s glorious return.¹

To help us live with the fruits of the Year of Faith, the Congregation for the Doctrine of the Faith published a document entitled “Note with pastoral recommendations for the Year of Faith.” Its objective is clearly stated in the document:

The *Year of Faith* is intended to contribute to a renewed conversion to the Lord Jesus and to the rediscovery of faith, so that the members of the Church will be credible and joy-filled witnesses to the Risen Lord in the world of today - capable of leading those many people who are seeking it to the “door of faith”.²

These two documents invite the whole Church to channel our efforts, time, and apostolate to deepen the knowledge of the foundations of our faith as disciples of Christ. We believe in God’s love, we live it and we can express it because we have had an encounter with Christ incarnated in history, the “*person, [who] gives life a new horizon,*”³ guiding it steadfastly towards love.

The intention of this small resource is to help turn the *Year of Faith* into a source of new life for young people. It begins by highlighting two especially relevant contributions made by Pope Benedict XVI so that young people may live their lives in fullness in this special year. He then provides some ideas in which his message could turn into creative challenges, generating activities, signs, and special moments that will help strengthen the faith life of groups and their members. He also offers some exercises to search deeper into the Word of God and a guide for Mary to bring young people to Christ, a living source of faith, hope, and love for them. The last two sections bring us closer to the documents of the Second Vatican Council and to the *Catechism of the Catholic Church* through reflections made by young people.



KEY CONTRIBUTIONS OF THE LETTER *PORTA FIDEI* FOR YOUNG PEOPLE

Below we offer two contributions of Pope Benedict XVI apostolic letter to “open the door of faith” to young people. When these messages come alive, young people will cross the door of faith to continue a journey which will be a bearer of peace, joy, and freedom.

1. To proclaim and incarnate the Word of God in the lives of all young people

Jesus, the “leader and perfecter of faith”⁴ (Heb 12:2), must be at the core of this *Year of Faith*. Youth and young adult ministry should make every effort so that young people center their lives in Jesus, the only one in whom “all the anguish and all the longing of the human heart finds fulfillment.”⁵ As the Holy Father says:

“That the word of the Lord may speed forward and be glorified” (2 Th 3:1): may this *Year of Faith* make our relationship with Christ the Lord increasingly firm, since only in him is there the certitude for looking to the future and the guarantee of an authentic and lasting love.⁶

A true encounter with Christ always leads us to the desire to know him like the apostles (Jn 1:38), to experience an authentic and renewed conversion, seeing him as the Lord, the only Savior of the world, through the mystery of his death and resurrection in which he fully revealed that Love that saves and calls all people to conversion through the forgiveness of sins (Acts 5:31).⁷ For this, we must sit at his feet and listen to his Word, as Mary, Lazarus’ sister, did (Lk 10:39), and then establish such a close relationship with him that we could just lean on his shoulder and ask him all the questions that come from the depths of our hearts just as the beloved disciple did (Jn 13:23). This is the path to a true inner peace, to stop worrying about so many vain things and trust to God that which is most important: our life (Jn 14:1).

One of the main ways to come closer to Christ and to get to know him is by discovering the delight of feeding ourselves with the Word of God and the Bread of Life, thereby taking in the nourishment that does not perish but lasts for eternal life (Jn 6, 27. 51). In the Gospel, we find a treasure that is shared by the evangelists, that is, to be able to see with the eyes of faith the one who transformed the life of the disciples and who gave his life for humankind. This richness invites us to evangelize, to bring the Good News of Jesus to more young people.⁸

2. To promote a “new evangelization” in order to attain a “new life”

The last time the Church celebrated a *Year of Faith* was in 1967 when the young people of today were just a project of God. However, the words expressed by Pope Paul VI then are just as valid today:

[It is about doing] “an authentic and sincere profession of the same faith... to be confirmed in a way that was individual and collective, free and conscious, inward and outward, humble and frank... so as to reinvigorate it, purify it, confirm it, and confess it.”⁹

This ideal is kept constant, to be lived by today’s young people in their historical and cultural experiences. This is, at the same time, an old and a new challenge to be faced as a Church during the *Year of Faith*. An important part of the present journey of faith is the upcoming Synod on the New Evangelization which aspires to rediscover the joy of believing and once again finding the enthusiasm to transmit the faith. The *lineamenta* or working document to prepare for the Synod is asking us to make a special effort to discern the signs of the times and to identify those evangelizing efforts which are being fruitful in today’s world.

This New Evangelization is an activity for young people who are living the reality of their moment in history and have a creative ability to find the ways to respond to it. Thus, young people are called to be architects of the renovated ecclesial community, with its ideals, its energy, and its actions which imply a deep knowledge of faith and its expression in words, in life style, and in actions; summarized by Pope John Paul II when he said that the New Evangelization should be marked by a new ardor, methods and expression.¹⁰

SEVEN IDEAS TO HELP YOUNG PEOPLE TO JOYFULLY, INTENSELY, AND FRUITFULLY LIVE THE *YEAR OF FAITH*

The seven ideas listed below to help young people fully live the *Year of Faith* must always turn to the Sacred Scripture. The Word of God is the source of all spirituality which seeks to strengthen the faith of all young people.

1. *Value the Year of Faith by living it united with the Church, in groups and communities of young people.* This can be achieved by making *Porta Fidei* known and, especially, by deeply and prayerfully reflecting on the Good News so that the Gospel guides their faith and the Holy Spirit nourishes them with its action in the depths of their inner lives.
2. *Strengthen the faith of young people.* It is not uncommon today to hear that young people who believe and are in tune with their faith are ridiculed or marginalized: for this reason, it is vital to strengthen and



invigorate their faith and to collaborate with their parents who seek the support of the ecclesial community in their children's formation, especially in the case of adolescents. During this Year, the ecclesial community can make a special effort to support young people in their faith and provide them with opportunities to revitalize it by listening to the Word of God, through the sacraments and the consistency of life.

3. *Celebrate the faith as a young Church.* It is desirable to offer young people various opportunities to celebrate the Eucharistic. Their participation in special Eucharistic celebrations for the young, so that they may profoundly live the paschal mystery commemorated in the Eucharist, will help them to live the greatness of this mystery to the fullest; their participation in the Sunday Eucharist—having been prepared so that in celebrating it, they become aware of their belonging to the community which celebrates it and which is made up of people of all ages and lifestyles—will only increase their sense of a universal and intergenerational Church. The point is that, in this Year, young people shall live the Eucharistic liturgy as a special moment of encounter with Christ, which congregates us around the altar as friends in him who is friend to all.¹¹
4. *Study in depth what faith is.* Such profound study consists in: clarifying, nurturing, and practicing the faith. This includes various types of activities carried out in creative ways so that they become fruitful for young people; for example, the foundations of faith should become familiar to them, asking them to express how the Church is living them in today's context, in contrast to how they are lived by their parents or grandparents; recognize that doubts are normal in our journey of faith because they mean adherence to God even in critical moments, thanks to the action of the Holy Spirit, not to our own efforts; discover the ways and means to help improve our relationship with God, which are different for each individual; value the testimony given by our brothers and sisters, aware that faith implies coherence in who we are, what we say, and what we do; pray and reflect as a community of faith, ever young through the participation of the young.
5. *Promote the expression of faith in the language and the mediums familiar to the young.* Young people have in them and within their reach various ways to express their faith with assertiveness and passion, according to their age and to the current moment in history; they are able to creatively and generously find the most effective mediums to offer their testimony of faith in service to the Church, in any place where they are, to the great majority of young people through Facebook, parks, music, etc. The *Year of Faith* should be characterized by a proliferation of youthful faith expressions taking advantage of the advances in digitalization and electronic social networks as well as those traditional mediums which are appropriate for them.
6. *Organize very large events where an open profession of faith can be made.* Encounters, congresses, and concerts in which committed young people and those who are thirsty for the liberating love of God can participate, are of special relevance to young people.

The proclamation of the Word, as well as songs, celebrations, prayer, reflection, etc., strengthen the faith of those who have received this gift and are great opportunities for Jesus to plant the foundations of the Good News in the hearts of those who are open to the gift of faith but who have not yet received it in a way that transforms their lives. Personal accompaniment and follow-up with the young people who are beginning their journey of faith in this type of events are very important to make sure that this faith is fed and nourished until it gives meaning to their lives and they discover the beauty of the faith of the ecclesial community.

7. *Live the joy which comes from faith in the Lord Jesus and from the communion with the Holy Father.* Participants in World Youth Day in Rio de Janeiro, in July 2013, will have a privileged opportunity to do so; however, this is going to be a relatively small number of young people compared to the millions who will not be there. Therefore, it is important to facilitate this joy locally through prayer, symbols and rituals, which reaffirm the greatness of being heirs to the faith in Jesus, in the great family that is the Catholic Church, aware of its divine and unchanging essence and its human component in need of conversion and purification.



SPECIAL ATTENTION TO THE WORD OF GOD

Many young people are anxious to receive the direct message of the Word of God. Catholic schools, apostolic movements, youth and young adult ministry groups, families—that is, every kind of faith community that touches the lives of young people must offer frequent and concerted opportunities to young people so that they come to know, love, pray, and live the Word of God.

The revelation of God in the Scriptures, experienced as the history of salvation, is a source of faith and a sure path toward maturity and purification. Bible studies accompanied with reflection and prayer, the personal and communal exercise of the *lectio divina*, and the frequent reading of the gospels are practices which can be emphasized in a special way during the *Year of Faith*. This implies a solid formation in the Bible on the part of youth and young adult ministry leaders, catechists, teachers of religious education in schools, parents, etc.

It is not by chance that the *Year of Faith* will give continuity to the Synod on the Word of God in the life and mission of the Church. The appeal made at Aparecida to the Church in Latin

America to remain in a state of mission and to form missionary disciples, can only become a reality if the path to follow Jesus is illuminated and animated by the Word.

Biblical animation of youth and young adult ministry

In this *Year of Faith*, the Biblical Team of Instituto Fe y Vida recommends using the resources it has developed to bring the Word of God to young people in Spanish. Saint Mary's Press offers abundant biblical resources for young people in English. To learn about Fe y Vida's resources and to acquire them, please visit: www.BibliaParaJovenes.org. For Saint Mary's Press, visit: www.smp.org. Below we offer some creative suggestions:

La Biblia Católica para Jóvenes (BCJ) or The Catholic Youth Bible (CYB)

- Assign a letter of the alphabet to each young person in the group or community. Ask them to select from the alphabetical index of "Comentarios para la fe y la vida" in the BCJ, or the "Article Subject Index" in the CYB, any comment which has attracted their attention under the assigned letter section, and to read what the Word of God is saying.
- Invite each person to reflect on that passage: What kind of message is God giving you through his Word? What is your response?
- Share that reflection in groups of three or four young people: Why did you select that comment? What kind of message did you receive? How do you intend to respond to it?

Repeat this exercise in various community meetings so that young people have the opportunity to read and share different Bible passages and apply them to their own lives.

www.Facebook.com/BibliaCatolicaParaJovenes

Invite young people who write in Spanish to access this Facebook page three times a week to carry out the following activities. Ask them to write down their reflections in order to share them at the next meeting.

- **Day 1:** *Let the message of the day find a place deep in your heart.* What is it saying to you? What is it inviting you to do? How does this impact the way you think, feel, and act?
- **Day 2:** *Read several of the comments made by other young people.* Which ones have more resonance in the reality of your life today? Why? What is the importance of sharing the faith through this digital medium?
- **Day 3:** *Respond to the message of the day or to a comment made by another young person with a personal comment.* What did it mean to you to share your faith through this medium? Which of the three activities was particularly fruitful for you? Why? Would you use this medium again to enrich and share your faith? Why?

Diálogos Semanales con Jesús or Youth Engaging Scripture

The *Diálogos Semanales con Jesús* series (Weekly Conversations with Jesus) is designed to help young people to reflect and pray a *lectio divina* adapted to youth and young adult ministry. It exists only in Spanish. In English, *Youth Engaging Scripture* from Saint Mary's Press also provides some material for weekly prayer and study based on the Sunday lectionary readings, with an adapted *lectio divina* process found on page 8 of that book. The objective is to promote spirituality and formation in the faith, as well as to incarnate the readings in today's world and in the Sunday liturgy. Both resources can be utilized just as they are outlined in the materials, or one can utilize their content to focus on the Word of God from various perspectives. For the materials in Spanish, the following process is suggested:

- **To pray**, follow three steps: (1) Take advantage of the first two moments in each session to initiate a profound dialogue with Jesus focused on the main message of next Sunday's readings; (2) Read the Word of God and invite the young people to pray in silence allowing his message to impact their lives; (3) Pray in community, voicing petitions out loud, and have everyone respond: "Lord, hear our prayer."
- **To become more familiar with the Scriptures**, follow three steps: (1) Read the Gospel of the day and respond to the question indicated in the book before reading the commentary; (2) Read the commentaries "Conoce la Palabra de Dios," "¿Sabías que...?," "Enriquece tu fe y tu vida," "Comprende este símbolo," and "Reflexiona," according to what is being offered that week; (3) Share the main message of the Gospel and what was learned by reading the commentaries, either in small groups or in a large group session.
- **To live the Word of God depicted in the Gospels**, follow three steps: (1) Read the Gospel of the day and respond to the question indicated in the book before reading the commentary; (2) Read the commentaries "Te presentamos a...," "Sigamos la obra de Jesús," "Vive la Palabra," and "Enriquece tu fe y tu vida," according to what is being offered that week; (3) Share with two or three of your peers what the Gospel message is challenging you to do, which efforts will make that message come to life, and what type of assistance from the community will help you achieve it.

Youth Bible Mission, "God's Word Comes Alive in Young People"

If the group of young people with whom one is working is mature enough to carry out a [Youth Bible Mission](#) during the *Year of Faith*, it could be an excellent opportunity to become formed as young missionaries and to offer the mission to other young people, training themselves through a formation-in-action process. From that moment on, the missions could multiply, thereby contributing to the New Evangelization among their peers.

If the group of young people with whom one is working is not mature enough to serve as young missionaries, the advisers could facilitate the Mission experience for them. After

having experienced it, it will be easier to identify those young people who wish to be formed in the faith and trained to duplicate it, thus becoming young missionaries. You may contact Instituto Fe y Vida if you would like to have the publications in English: info@feyvida.org.



DEVOTION TO MARY AS A PATH TO THE SON

As a means to live the *Year of Faith*, the Pope requests that we recognize the special role of Mary in the mystery of salvation, and that we love and follow her as a model of faith and virtue.¹² The discovery of Mary's attitudes toward God, toward life, and other people should be facilitated for young people because this could lead them to live this *Year of Faith* in fullness.

Below we mention some of Mary's attitudes as found in the Scriptures, and we offer some hints for young people to reflect on them, based on their own lived experience. Personal and communal prayer on these reflections will open the young people to the grace of the Holy Spirit who will give them the strength to exercise each attitude until it is integrated in their being, thereby enriching and strengthening their life of faith. The support given by their peers in this journey is a positive force towards the acquisition of Christian attitudes. In the first reflection, we indicate how both actions can be encouraged.

- **Submitting to God's plans (Lk 1:38):** How often do I hear the Word of God and pay enough attention to listen to the invitations that he extends to me? How much do I trust God? In whom or on what do I trust my life? Is what I am doing in agreement with God's plans? What more can I do to comply with God's will in my life?
 - *My prayer, which came out of this reflection, is...*
 - *The support I wish to receive from my peers is...*
- **Praise and thanksgiving to God (Lk 1:46-55):** Which moments and situations of my daily life lead me to praise God? What should I thank him for in the morning... at noon... at night? Do I prefer to praise God in silence, in my heart, or together with my friends? How do I discover the presence of God in my daily life and in the key moments of my life? What feelings emerge when I discover his vibrant presence deep within me?
- **Love for your loved ones and the joy of living (Lk 2:6-7):** How do I express love to my parents, my brothers and sisters, my grandparents, and other loved ones? Do I allow them to love me? With which members of my family do I need to establish a closer

relationship? How can I do that? Who needs me? What can I do to share the love of God with members of my family and my friends?

- **Efforts and sacrifice for the wellbeing of our loved ones before our own wellbeing (Mt 2:13-15).** Which of my efforts and sacrifices are sources of life for the people with whom I live? Which challenges do I have to overcome for my faith to remain alive when I'm having difficulties? How is my faith strengthened when I seek true life instead of just instant gratification for my senses? Why is it worthwhile to do this?
- **Following the Master, even at the cross (Jn 19:25-27):** Why is it worthwhile to give life? What type of salvation do we (young people) need today? Which are the bonds that enslave us to evil but are liberated by Jesus and his Gospel? How firm is my faith in the merciful love of God? What does it mean to be faithful to one person? What riches are brought to my life due to my faithfulness to Jesus and how is this impoverished when I lose sight of him or betray him?
- **Grasping the mystery of God and closely experiencing Jesus (Lk 2:19,51):** What happens in my being when I meditate on the Word that gives life? Do I take enough moments of silence to get to know myself better as I reflect on the mysterious presence of God in me? How is my spiritual life affected by receiving Jesus in the Eucharist, as a current experience of his living presence in history? How close is my relationship with Jesus? Where is this relationship taking me?
- **Living in community and a joyful openness to the Holy Spirit (Acts 1:14; 2:1-4):** The faith of Christians is not only something personal but a conviction which is shared, lived, and nurtured in our relationship with our neighbors, and it is fortified in the community of the faithful by loving each other (Jn 13:34) and becoming one in Jesus Christ (Jn 17:22).



FAMILIARIZING YOUNG PEOPLE WITH THE DOCUMENTS OF THE SECOND VATICAN COUNCIL AND THE *CATECHISM OF THE CATHOLIC CHURCH*

The papal exhortation invites us to study the documents of the Second Vatican Council and the *Catechism of the Catholic Church*, at the personal, communal, parish, diocesan and Episcopal Conference levels. In youth and young adult ministry, this requires the utilization of resources appropriate to age and maturity level, as well as the circumstances in which these

will be used in small group reflections or in appropriate and relevant activities. We also recommend conferences or workshops on these two great works of the Church, either at the diocesan or inter-parish level, in an atmosphere where their true value can be recognized and the faithful become familiarized with their content, especially that which is relevant to the faith and life of today's young people.¹³

Below are suggestions for some possible ways for young people to familiarize themselves with the above mentioned documents. Although they were written 50 and 20 years ago, respectively, both contain invaluable references to the insights and teachings of the Church.

1. Attending to the documents of the Second Vatican Council

When studying the documents of the Second Vatican Council, we propose reading again excerpts from certain documents through the lens of today, placing emphasis on how to live them in the present world of young Catholics. Below is a proposal born from our experience in the formation of leaders and advisers for youth and young adult ministry.

Ideally, the adult leadership team and/or young adult leaders will first read and reflect on these excerpts. Later on, they could identify other parts of the text that are especially relevant to the group which they are serving.

We recommend the following process:

- Form groups of 6 to 8 young people.
- Assign the readings and request that, after each reading, the group reflect on the question posed here, and that each person write what they consider most important in their personal life.
- Gather the whole group and ask several participants to share their response to the following question: Based on your personal and on your group reflections, what do you consider important to transmit to other young Catholics? Why?

Note: If you are dealing with adolescents it is better to assign the reading of just one passage to two young people; have them reflect in pairs and then encourage a communal dialogue in the small group so that they get familiar with the content and the reflections made on the other sections.

Lumen Gentium

1. *Read 2 – 4.* Reflection: What characterizes the Father, the Son, and the Holy Spirit?
2. *Read 10 – 13.* Reflection: What does it mean that we Christians are “priests” through our Baptism?
3. *Read 30 – 38.* Reflection: As a young lay person, what is my role in today's Church?

4. *Read 39 – 42.* Reflection: Am I called to be holy? What value and significance does this have for me?

Dei Verbum

1. *Read 2 – 6.* Reflection: How is God revealing himself in our present time?
2. *Read 15 – 17.* Reflection: Why is the Old Testament important in the life of Christians?
3. *Read 21 – 22.* Reflection: Which are the three most important messages for young people? Which are the ones for advisers and coordinators of ministries with the young?
4. *Read 25 – 26.* Reflection: What benefits do we get by regularly and consistently reading the Word of God?

Gaudium et Spes

1. *Read 4 – 10.* Reflection: Which aspects of our present reality would we have to add to these texts to make them current for young people today?
2. *Read 40 – 45.* Reflection: How is the Church fulfilling her mission in today's world? What challenges is the Church facing to fulfill that mission?
3. *Read 73 – 76.* Reflection: What relationship do politics and religion have in society today?
4. *Read 78.* Reflection: What signs of peace and of violence exist among young people? What about in the adult world?

2. Reflections on some aspects of the *Catechism of the Catholic Church* based on the YOUCAT

During World Youth Day 2011, in Madrid, the YOUCAT (*Youth Catechism of the Catholic Church*)¹⁴ was officially launched to publicize the doctrine contained in the *Catechism of the Catholic Church* in a more accessible and attractive way for young people and to respond to their vital questions regarding their faith and the Church itself. Below are three core themes based on the YOUCAT and especially adapted to be used during the *Year of Faith*.

For that, we suggest the following process:

- Decide how you are going to work on these core themes; two of the most feasible possibilities could be: one theme per session during a semester of ministry or a one-day or half-day mini-retreat for each main section listed below.
- Form small groups and invite young people to do three things: (a) read the assigned text; (b) identify what is most important in its content; and (c) utilize creative, fun, and

participatory means to share it with their peers: skits, contests, letters, reports, advertisements, poems, drawings, etc., in which the young people enact the message received.

A. What we believe

- *Read and summarize 1 – 6. Share: Why do we believe?*
- *Read and summarize 14 – 19. Share: God comes out to meet us in the Scriptures*
- *Read and summarize 11 – 12 and 20 – 24. Share: Human beings respond to God*
- *Read and summarize 36 – 39. Share: God is Trinity*
- *Read and summarize 80 – 85. Share: Mary and her place in the Church*

B. How we pray

- *Read and summarize 469 – 470; 478, 481, 490 – 498; 505, 507. Share: Prayer in the Christian life (this may be divided among various groups)*
- *Read and summarize 483 – 489; 499 – 504. Share: Ways to pray*
- *Read and summarize 474 – 477: Share: Jesus' prayer*
- *Read and summarize 471 – 472 y 478 – 480: Share: Three models of prayer – Abraham, Moses and Mary*

C. Concerns of the young

- *Read and summarize 402 – 409: Share: What is love?*
- *Read and summarize 286 – 292: Share: What is freedom?*
- *Read and summarize 378 – 387: Share: Why should we protect life?*
- *Read and summarize 173 – 178: Share: What do we need the sacraments for?*



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Notes

Epigraph: [Catechism of the Catholic Church](#), www.vatican.va, no. 150.

¹ Benedict XVI, Apostolic Letter, [Porta fidei](#), www.vatican.va, 2011, no. 1.

² Congregation for the Doctrine of the Faith, [Note with pastoral recommendations for the Year of Faith](#), www.vatican.va, 2012, Introduction.

³ Benedict XVI, Encyclical Letter, [Deus caritas est](#), December 25, 2005, no. 1.

⁴ Porta fidei, op. cit., nos. 1 y 3.

⁵ Ibid, no. 13.

⁶ Ibid, no. 15.

⁷ Ibid, no. 6.

⁸ Ibid, no. 3.

⁹ Ibid, no. 4.

¹⁰ John Paul II, Apostolic Exhortation: [Ecclesia in America](#), www.vatican.va, no. 6.

¹¹ Porta fidei, op. cit., no. 9.

¹² Note, op. cit., Level of Universal Church, no. 3.

¹³ Ibid, no. 6.

¹⁴ Ignatius Press, *YOUCAT* (Youth Catechism of the Catholic Church), San Francisco, CA 2011.